

FEEL THE WATER!



www.eswimming.eu

e swimming



Swimming is an ideal therapy for many conditions. Various methods have been developed to help disadvantaged people to learn to swim.

A new project has been started, with European funding, to spread the word. Its website has much information about opportunities to take up swimming - and how everyone can help.

We also want to reach out to the many people who could provide this help – people who can themselves swim and who would like to help others take their first steps in the water.

You can make a difference – and we're going to show you how.

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eSwimming – The Project

eSwimming is a European project funded with support of the Lifelong Learning Programme of the European Commission. Its aim is to promote across all Europe the benefits of swimming as a therapy.

A multilingual website has been developed, to make available education and promotional material designed for various target groups – trainers, parents, and swimmers.

The eSwimming project, coordinated by the Slovenian organisation IPAK, brings together institutions from Spain, Italy, Germany, and Scotland.

You can find further information on the website, or by contacting the UK partner, Going Nova, through Howie Firth - email: howie@goingnova.org



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